

Welcome! You have found an oasis of liberal religious and spiritual exploration serving the Grosse Pointes and the surrounding east side communities.

Reverend Dr. Alexander Riegel, Minister

January 2020

Upcoming Services

January 5, 2020 10:30 AM

Sermon: The Whole Truth and Nothing But the Truth?

Worship Leader: Joshua Lewis Berg Worship Associate: Chuck Palmer

Anyone following the impeachment hearings or really any political activity for the past two years has been a witness to truth treated with much less than deference. Actual facts are "fake news," whatever that means. Lies and calumny are offered forth as truth. Propagandistic storytelling has become the political actor's modus operandi. What is the truth, if such a thing even continues to exist?

January 12, 2020 10:30 AM

Sermon: How We Are Called To Change And Grow

Worship Leader: Kenneth Meisel Worship Associate: Maurya Kay

Often we are called to change and grow in our life - at times when we least expect it - in response to crisis, illness, interpersonal conflict, deep loss, abrupt changes of circumstance and/or clinical symptoms such as anxiety or depression. The etymological source of the word *change* originally meant "to become different, to become altered." The Old English etymological derivative of the word *grow* referred to our capacity and opportunity "to flourish, to increase." To change and grow, therefore, means we are altered into a flouring increase of who we are. Kenneth Meisel is a psychotherapist in private practice in Saint Clair Shores. He will interweave both literary and psychological concepts into his lecture with an ultimate early winter's intent to offer perspective and inspiration to our New Years Day Resolutions.

He is also a Kresge Arts Literary Fellow and the author of seven volumes of poetry.

January 19, 2020 10:30 AM

Sermon: TBA

Worship Leader: Dr. Ellis Jaruzel Worship Associate: Joseph Buttiglieri

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Upcoming Events

Sun Jan 5 RE Classes Begin

Sun Jan 5 Youth Choir Rehearsals Begin

Mon/Tues Jan 5 & 6
OWL Parent
Orientations

Wed Jan 8 Adult Choir Rehearsals Begin

Sat Jan 11 Circle Circle Dinner

Sun Jan 12 OWL Classes Begin

Sun Jan 19 Music News

Mon Jan 20 Feed the Homeless

Tues Jan 21 Book Group

January 26, 2020 10:30 AM

Sermon: An Uncommon Theory of Social Change in America

Worship Leader: Dr. John Artis Worship Associate: Suzanne Ross

We will explore what it takes to actually bring about true social change in America today. Ideas regarding the nature of change as well as the difficulty of doing the hard work of change will be on the forefront of our inquiry.

Dr. Riegel's Sabbatical



Photo by Andrew Neel on Unsplash

Following Dr. Riegel During His Sabbatical

While away on Sabbatical, Dr. Riegel will be writing blog posts on a more regular basis, as well as developing video synopsis of some of his sermons for our own GPUC website and other video content for his own YouTube site (He might even offer a webinar in which you can participate, if the "spirit" moves him.). That is, he will be producing material that you can follow in his absence. If you are interested in being apprised of this material as it becomes available, you must sign up for his personal email distribution list. To do that, please send him an email (alexriegel@post.harvard.edu) with "Distribution List Sign Up" in the subject line.

Along these lines, Dr. Riegel will seriously be curtailing his personal Facebook presence - you may already have noticed that he is less active these last few months. However, he plans to be more active on his No Mud - No Lotus Facebook page. If you would like to continue to follow his work there, you can also "Like" AND "Follow" that page (Following the page is more important from the point of view of making sure Facebook alerts you to content posted there.). To do so, simply go to this link: https://www.facebook.com/Alexander-Riegel-No-Mud-No-Lotus-1606544326135165/?modal=admin_todo_tour

Once there, you can "Like" AND "Follow" this page by clicking the appropriate tabs underneath the header image.

Note - If you sign up for Dr. Riegel's personal email distribution list, you should check your spam filter from time to time to make sure that correspondence is not going into your spam file. Gmail users should periodically check the "Promotions" and "Social" tabs. Many people do not realize that email servers often filter out "suspicious" email on your behalf, thereby confusing distribution list emails intended for you as spam.

Namaste,

Alex

Religious Education News

Happy New Year! Releasing the Year Behind Us A Ritual By Erika A. Hewitt

A Ritual By Erika A. Hewitt

The new year calls us forward, filled with mystery. As we turn toward that new year, we take a final glimpse of the past year, and reckon with all that it held for us.

Take a piece of the paper and reflect on the year behind you. Consider what you might leave behind today, burning it brightly so that it changes form and disappears.

What parts of our lives - what things, ideas, people, ways of living - have become obstacles to our becoming the people we want to be, the people we need to be?

What's holding you back? What's getting in the way of you living as fully as you'd like to? What might you burn away? What will you relinquish?

Write a word or two on the paper. Nobody will see it except you, the flame, and the Universe.



For the next few minutes, play music as you put your paper into a bowl of fire or a fireplace. The flames will take it very quickly. As the flame takes the paper, let it go. (If you're more comfortable, let someone else burn your paper for you.) The fire will do the rest.

[Music is a good way to keep this ritual reflective, rather than inviting conversation. When concluded:] If the past year held joy and growth for you, may that sweetness continue to bless you.

If the past year held pain and bitterness, may you be relieved of those burdens and renewed for the journey ahead.

Let us look to the new with hope, with curiosity about its many unknowns, and with faith in our strength to navigate it with grace.

Religious Education Lessons

The **nursery** will be open at 10 a.m. every Sunday morning. We have the same loving childcare workers to provide a safe and caring place for our young UU's. We also have a pot of coffee for parents to enjoy and get to know each other.

Lower, Upper and Junior students on January 5, 2020 will begin their lessons on Islam. Parents will be receiving their teaching schedule next week.

Senior High students will be meeting with Erica Phardel at her home on Sunday, January 5, 2020 at 7:00 p.m. to review their class schedule.



OWL Classes for grades 7-9 starting in January. GPUC RE is offering OWL parent orientations, Sunday January 5th from 12pm-1:30pm in the RE wing (Room 7) and Monday January 6th from 6:30-8pm, in the RE wing (Room 2). OWL is a 10 class series for 7th-9th graders offered to RE students and their friends. This series focuses on teen relationships and adolescent sexuality and is open to same grade teens in the community. There is a fee for non-RE students. Call Kathy Konwiak for more information at 313-680-4546. Classes start Sunday evening January 12th.

Dates to Remember

January 5th - Classes begin and bring food for Crossroads

January 5th - RE Committee meeting at 9:15 a.m.

January 5th - OWL Parent orientation 12pm-1:30pm for OWL 7-9th grade in Room 7

January 6th - OWL Parent orientation 6:30-8pm for OWL 7-9th grade in Room 2

January 11th - Circle Circle Dinner starting at 4:30 p.m., sign up in lobby

January 12th - OWL 7-9th grade classes start

January 20th - Juniors/Seniors service project to feed the Homeless

"And now let us welcome the New Year-Full of things that have never been." - Rainer Maria Rilke

Have a Happy and Safe New Year. Julie Artis, Director of Religious Education

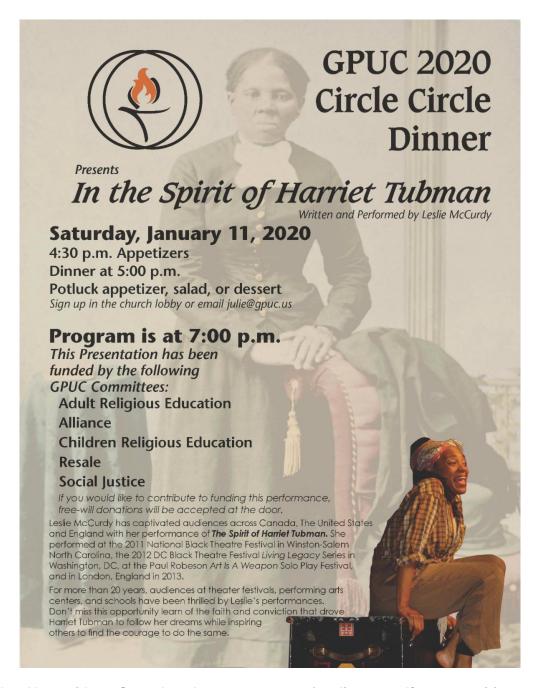
Fellowship News

The Fellowship Committee will meet after service on **January 12th** at 11:45 a.m. in RE wing room 7. We will plan the Chinese New Year luncheon. New members are always welcome.

On **Tuesday**, **January 21st** at 5:30 pm the Book Group will meet in the Annex to discuss "Where the Crawdads Sing" by Delia Owens. All are welcome! Amy Thelen will lead the discussion. Refreshments will be served. Any questions, please contact Juli Moore: idmoore1415@gmail.com.

SAVE THE DATE! We will celebrate the Chinese New Year (Year of the Rat) with a luncheon after church service on **February 2nd** in the Annex. All are invited, no reservations necessary.

Announcements



Start the New Year with us Saturday, January 11, 2020 for dinner and/or our exciting program, "In the Spirit of Harriet Tubman". Appetizers and dinner begin at 4:30 p.m., the program begins at 7 p.m.

You must sign-up in the GPUC foyer if you will be attending the dinner. Please sign-up to bring one of the following: appetizer, salad or dessert.

Please contact Julie Artis if you have questions at Julie@gpuc.us

Free-will donation will be accepted at the door. See you Saturday, January 11, 2020!

The New Year brings our next Food Sharing Sunday, January 12! Please consider bringing a can or box of non-perishable food to church with you. We also gladly receive cash or check donations to purchase milk, eggs, bread, and produce. GPUC takes your donations to Crossroads East on Moross in Detroit. Many thanks for your continued support of this local resource!



Photo by Johanna on Unsplash

MUSIC NEWS FOR THE NEW YEAR!

Guest musicians, both professional and home-grown, have been adding a lot to our worship services at GPUC. **Rick Robinson**, accomplished **contrabass** player gave us a mini-concert in October, **cantor Bryant Frank** sang some beautiful Jewish liturgical music in December, and our very own RE students sang, played piano, violin, saxophone, and sleighbells. In January we'll have an extra special guest: **Sonia Lee**.

Sonia is a graduate of Juilliard and became the youngest **Principal Violinist** in history to join the Toronto Symphony Orchestra. She has played with big names all over the world and has appeared numerous times on TV. I have had the pleasure of not only playing with her, but also conducting her with the Grosse Pointe Community Chorus in our Holiday Concert last month. She got a standing ovation. You won't want to miss her - **SUNDAY JAN. 19th** at the 10:30 A.M. service. Come early to get a good seat. The Adult Choir will be singing too!

CHOIR NEWS: The **Youth Choir** begins rehearsals on Sunday Jan. 5th after RE class. Come sing with us-rehearsals are only 15 minutes!

The Adult Choir resumes rehearsals on Wednesday night, Jan. 8th.

SAVE THE DATE: My annual solo-piano concert's theme is *Composers of Color* and will feature the classical music of black and Latino composers, with fascinating stories of people you've never heard of. **Saturday, May 9 at 4:00 at GPUC.**

List of Sabbatical Speakers for 2020

Sabbatical Speakers		
Date	Worship Leader	Description
12/29/2019	Ed Marck	Congregant
1/5/2020	Joshua Berg	Master of Divinity student at Meadville Lombard Theological School working toward Fellowship in the UUA
1/12/2020	Ken Meisel	LSMW, psychotherapist & award- winning poet
1/19/2020	Ellis Jaruzel	Integral psychologist
1/26/2020	John Artis	Congregant
2/2/2020	Chuck Palmer	Congregant
2/9/2020	Maureen Muldoon	Actress, Storyteller & Spiritual Vixen
2/16/2020	John Corvino	Dean of the Irvin D. Reid Honors College and Professor of Philosophy at Wayne State University

2/23/2020	Mitra Rahnema	UU Minister, former interim minister at GPUC
3/1/2020	Masha Zeller	Congregant
3/8/2020	Ghada Abdallah	Congregant
3/15/2020	Mitra Rahnema	UU Minister, former interim minister at GPUC
3/22/2020	Jerry Herron	Congregant
3/29/2020	Tonya Wells	Congregant
4/5/2020	Judith Levy	United States District Judge for the Eastern District of Michigan
4/12/2020	Mitra Rahnema	UU Minister, former interim minister at GPUC
4/19/2020	Mary Ann Perrone	Social Justice Activist
4/26/2020	Bill Moore	Congregant

Please Help GPUC Feed the Homeless on January 20



Photo by Matt Collamer on Unsplash

Will you have the day off from work or school on **MLK Day, January 20th**? If you will, please consider devoting a few hours to a great cause. Last month we told you about the Rotating Shelter that involves local churches housing and feeding the homeless during the coldest months. **GPUC will participate on Jan. 20**, by making and serving a delicious pasta and meatballs dinner for the people who will be housed at Grosse Pointe United Methodist Church that week. So far we have raised a total of \$600 in pledges, including generous contributions from Social Justice, RE and several members. Volunteers are needed to help shop, cook, transport, serve and clean up. **We need YOU to make this a success!** Let us know how much time you can give and what you would like to do.

Contact Chris Vadino at (313) 460-8579 or vadino 789@comcast.net



Auction Update - April 18th

Our "Roaring 20s" GPUC auction is starting to take shape! First step - we all need to think about what we can donate for the cause. A party? Food? Services? A restaurant gift card? Tickets? Art objects? There are endless possibilities!

Expect someone to call and/or email you in January to help you think about how you can contribute. We hope to have 100% of our congregation participate in this auction in some manner. We need your help!

If you have questions, please email Robin Ramsay (<u>rjramsay@comcast.net</u>) or Christy Winder (<u>clwinder@gmail.com</u>).

Donate Flowers for the Sanctuary Please consider donating fresh flowers for the Sanctuary in recognition, in honor of someone dear or to celebrate or commemorate a special occasion. Flowers add significantly to the ambience on Sunday mornings. Please use the yellow insert in the Sunday order of service or contact the church office to sign-up for a Sunday or two.

You may bring your own arrangement or provide a check (minimum cost \$25) for Susan Hartz (our talented flower chairperson) to purchase and arrange the flowers. After the worship service you make take your flowers home to enjoy the rest of the week. If you have questions, please feel free to email or call the church office at qpuc.us or (313) 881-0420. Thank you for sharing your remembrances of special occasions and important people in your life.

Newsletter Deadline

Please submit your contribution to the next newsletter by **Monday**, **January 20th at noon**. Submit items to the newsletter email address: newslettergpuc@gmail.com

Contact Information
Grosse Pointe Unitarian Church
17150 Maumee Ave., Grosse Pointe, MI 48230
Phone: 313-881-0420 Fax: 313-881-6430
Email: gpuc@gpuc.us Website: www.gpuuc.org
Editor: Kathleen Ruhl newslettergpuc@gmail.com